

TRISANA - Feel good package:

Strengthening the Heart

(specially for men over 40 and for people with heart problems)



| Product | 1. and 2. week | 3. and 4. week | further on |
|---------------------------------------|--|--|--|
| TRISANA Coenzym Q 10 plus Capsules | 2 Capsules in the morning after breakfast | 2 Capsules in the morning after breakfast | 2 Capsules in the morning after breakfast |
| TRISANA L-Carnitin | 3 x 1 Capsules before meals and 30 minutes bevor sporting activities | 3 x 1 Capsules before meals and 30 minutes bevor sporting activities | 3 x 1 Capsules before meals and 30 minutes bevor sporting activities |
| TRISANA Calmag Calcium-Magnesium Cps. | 3 x 1 Capsules after meals one capsule per night | 2 x 1 Capsules after meals one capsule per night | 2 x 1 Capsules after meals one capsule per night |

Stand: August 2005

